

**Education**

**Master's of Fine Art in Dance**; 2004  
University of Colorado, Boulder, CO

**Bachelor's of Science in Dance**; 1996  
Kent State University, Kent, OH

**Company  
Affiliations**

**Dance/Theater Shannon**, El Cerrito CA

- Started company in August 2004

**Della Davidson/Sideshow Physical Theater**, Davis, CA

- Affiliated member since 2006.

**Deborah Slater Dance Theater**, San Francisco, CA

- Affiliated member since 2006.

**Scott Wells & Dancers**, San Francisco, CA

- Affiliated member since 2006.

**Certifications/  
Awards**

**University of Colorado**, Boulder, CO

Graduate Teaching Program Training Certificate; 2004

- Learned to perform effectively as graduate instructor;
- Attended teaching workshops focused on improving teaching effectiveness;
- Improved communication and assessment skills;
- Learned various teaching and learning methods.

**Dance Center of Columbia College**; Chicago, IL

- Attended a technique course for one semester on a Community Scholarship, 1996.

**Teaching  
Experience**

**School of the Arts**, San Francisco, CA

**Artist-in-Residence**, Oct. 2007- **present**

- Teach modern dance to all levels in the Theater Department.

**Iowa State University**, Ames, IA

**Guest Artist**, Nov. 2007

- A week-long residency teaching technique, lecturing and resetting a dance.

**ODC/SF School**, San Francisco, CA

**Guest Instructor**, *ongoing*

- Substitute teaching Advanced release technique

**Sonoma State University**, Rohnert Park, CA

**Guest Artist**, April – May 2008

- Six week substitute from April 1 to May 15, 2008
- Substitute taught for Stacey Printz and Sheldon B. Smith
- Taught improvisation, intermediate and advanced modern, and “Foundations”.

**University of North Carolina**, Greensboro, NC

**Guest Artist**, September 2007

- Taught intermediate contemporary dance technique.

**University of Nevada**, Reno, NV

**Guest Artist**, September 2007

- Taught beginning modern dance.

**Dance Mission Theater**, San Francisco, CA

**Instructor**, Jan 2007 to May 2007

- Teaching a self-produced modern technique class every Wednesday.

**SOLA Dance Festival**, Torrance, CA

**Guest Artist**, November 2006

- Taught an Int./Adv. Technique called “Dancing Spirals in the Body and in Space”

**Temescal Arts Center**, Oakland, CA

**Instructor**, June 2006

- Taught the “Life Spiraled” series at Temescal Art Center’s Somatic Series;
- Taught the developmental movement patterns and various elements from Body Mind Centering.

**CounterPULSE**, San Francisco, CA

**Instructor**, February 2006

- Taught and self promoted the “Flooring You” Workshop;
- Taught a dance technique for working on the floor and elements of the developmental movement patterns from Body Mind Centering.

**California State University, East Bay**, Hayward, CA

**Instructor**, February 2006

Taught a Partnering master class at the Renaud-Wilson Dance Festival

**Kent State University**, Kent OH

**Guest Artist**; August 2004

- Taught week-long daily technique classes;
- Restaged my quartet, *Shifting Focus* on members of the Kent Dance Ensemble.

**University of Colorado**, Boulder, CO

**Graduate Part-Time Instructor**; 2003-2004

- “Ballet Repertory”: collaborated with another graduate student to restage *Great Galloping Gottschalk*, original choreography by Lynne Taylor-Corbett.
- “Intermediate/Advanced Modern Dance Technique”: a higher level, non-major course geared towards deepening the knowledge of the continuing dance student. **Highlight**: one of my students became a dance major and two students became dance minors.
- “Beginning Modern Dance Technique”: a course for non-dance majors to introduce them to the artistry of modern dance including technique, choreography, improvisation and history.

**Graduate Teaching Assistant**; 2004

- “Looking at Dance”: An introduction to dance, focusing mainly on Western concert dance, to undergraduates and how to watch and critique it. This course included weekly recitations, which were conducted by graduate teaching assistants.

**Graduate Dance Company**; 2002 & 2003

U.C. Contemporary Danceworks

- The company traveled to Colorado’s San Luis Valley to teach and perform at various elementary, middle and high schools as well as senior homes and coffeehouses;
- Outreach program of the University of Colorado at Boulder.

**University of Colorado**, Boulder, CO

**Dance Improvisation Workshop**; 2001, 2002

- Taught departmental undergraduates and graduates;
- Consecutive workshops held during the semester.

**Hedwig Dances Performance Company**, Chicago, IL

**Company Class Instructor**; 2000

Chicago Cultural Center Dance Studio

- Helped to organize curriculum and teacher schedule for company technique class;
- Co-taught modern technique class.

**Guest Artist** (of Hedwig Dances); 2000

Lincoln Park High School, Chicago, IL

- Taught a ten day *Capoeira* workshop;
- Students' ages ranged from 15 to 17 years old.

**Guest Artist** (of Hedwig Dances); 1998

Lincoln Park High School, Chicago, IL

- Taught high school students ages 15-17 years old;
- Taught month long daily classes;
- Curriculum focused on "American History told through Dance".

**American Dance Festival**, Durham, NC

*Capoeira* "Experience"; 1999

- Organized a class outside of the American Dance Festival's curriculum;
- Taught a beginning level introduction to *Capoeira*.

**Hawthorne Scholastic Academy**, Chicago, IL

**Guest Artist**; 1999, 1998

- Taught an integrated curriculum of dance and reading;
- Taught elementary students, ages 8-9 years old.

## Technology

### **Max/MSP Course;** August 2004

- University of California, Berkeley's CNMAT

### **Software Proficiency;** 1998 to present

- Final Cut Pro 4.0;
- DVD Studio Pro 3.0;
- Adobe Photoshop;
- Microsoft Office.

## Somatic Study

### **Body Mind Centering;** 1995 to *present*

- Enrolled in Embodied Anatomy & Yoga program (Berkeley, CA) Jan 2007 through November 2009. Taught by Bonnie Bainbridge Cohen and will count towards the Somatic Movement Educator certification.
- Workshop taught by Bonnie Bainbridge-Cohen, 2004;
- Continual self guided study;
- Wendell Beavers at American Dance Festival, 1999;
- Workshop with Lisa Clark, 1998;
- Dance Alloy Summer Intensive with Mark Taylor, 1995.

### **Fundamentals of Breathing, 2004**

- San Francisco, CA
- Body Mind Centering workshop taught by Bonnie Bainbridge-Cohen

### **Alexander Technique;** 2003

- Semester course with Nada Diachenko.

## Cultural Dance Forms

### **Capoeira Arts Cafe;** 2004 - *present*

Mestre Acordeon, Mestre Suelly and Mestre Ra instructors  
Berkeley, CA.

### **Gingarte Capoeira;** 1996, 2000

Instructor Marisa (now Contra-Mestre Marisa)  
Chicago, IL.

## Professional Training

### **Workshop with David Zambrano,** 2003

- Amsterdam, NL;
- Apart of Production for Independent Artists' summer workshops;
- Invited to attend by David Zambrano.

### **American Dance Festival,** 1996, 1999

- Durham, N.C.;
- Attended on work-study scholarships.

## Theater

### **Choreographer**

*Dancing at Lughnasa* at College of Marin, Oct. 2007

- Directed by Molly Noble in Kentfield, CA

*Sergant Musgrave's Dance* at TheaterFIRST, May 2007

- Directed by Clive Graves in Oakland, CA

### **Assistant Choreographer**

*Emma* at TheaterWORKS, August 2007

- Directed by Robert Kelley in Mt. View, CA

*As You Like It* at California Shakespeare Festival, August 2006

- Directed by Jonathan Moscone in Berkeley, CA.

*As You Like It* at Shakespeare Santa Cruz, July 2006

- Directed by Kirsten Brandt in Santa Cruz, CA

### **Light Designer; 2003**

*I Do! I Do!* by Tom Jones and Harvey Schmidt;

- Directed by George Luce in Denver, CO.

### **Assistant Lighting Designer; 1996**

*Buried Child*, by Sam Shepard;

- Directed by Marya Bednerik at Kent State University (OH).

### **Contact Improvisation Coach; 2002**

*Bus Stop*, by Noble winner Gao Xingjian (US premier);

- Directed by Todd Coulter in Boulder, CO.

### **Movement Coach; 1999**

*Perished*, by Brian Kirst;

- Directed by Ellysabeth Adler in Chicago, IL.

### **Producer, 2006**

"MA: an evening of suites & solos", San Francisco, CA

- Produced a show of San Francisco and Los Angeles dance artists at DanceGround Keriatic.

### **Assistant Coordinator, 2004**

- American College Dance Festival - Central Region at the University of Colorado, Boulder.

### **Artistic Director & Producer; 2003, 2002**

- *Choreographer's Showcase*, an informal evening of choreography;
- Presented at the Charlotte York-Irey Studio in Boulder, CO.

## Choreography

### Home Season, San Francisco, CA

*Swimming, After the Collapse, Dancing with Myself, It Never Gets Old*, February, 2009

- First home season for Dance/Theater Shannon. Presenting works seen throughout San Francisco since 2005.
- Also presenting the work of guest artists Jennie Pitts and Taryn Packheiser during this production

### Yerba Buena Gardens Festival, San Francisco, CA

*Perch*, June 2008

- Present a commissioned sextet on June 21. Based upon the idea of perching from the human and avian aspects.

### 975 Howard, San Francisco, CA

*Swimming*, April 2008

- Will present a new piece looking at the subtleties of change.

*After the Collapse*, October 2007

- Restaged version of quartet.

### ODC Theater, San Francisco, CA

*After the Collapse*, September 2007 (World Premiere)

- A quartet exploring the rebuilding and rejuvenation after a collapse.

### TheaterWorks, Mountain View, CA

*Emma*, August 2007 (World Premiere)

- Assistant Choreographer to Mary Beth Cavanaugh
- Choreographed a quartet and assisted Ms. Cavanaugh in choreographing a waltz, a line dance, and in cleaning the actor's movement and choreography.

### TheaterFIRST, Oakland CA

*Sergeant Musgrave's Dance*, May 2007

- Choreographed a duet and a solo for this restaged play.

### Santa Cruz Institute of Contemporary Art, Santa Cruz, CA

*Take-Out Dance* (2002), November 2006

- A solo performance art piece where audience members attempted to "capture" movement on a painter's canvas by throwing balloons filled with paint

### Shotwell Studios, San Francisco, CA

*Obstacles-Draft 1*, August 2006

- An evening length performance art solo exploring the daily obstacles we overcome to live and interact with each other.

### West Wave, San Francisco, CA

*I don't know what this is*, July 2006

- A solo exploring the effect of initiating movement from different "centers".

**DanceGround Keriak**, San Francisco, CA

MA: an evening of suites & solos, May 2006

- *I don't know what this is*, a solo;
- *-ing*, a duet (premiered 2001).

**Kent State University**, Kent, OH

Kent Dance Ensemble, August 2005

- Restaged *Shifting Focus* (premiered October 2004);
- A "pure movement" quartet exploring the sliding and shifting of viewer's eye from one dancer to another and from one part of the stage to another.

**University of Colorado**, Boulder, CO

*Body Politic*, October 2003

- An interdisciplinary dance sextet incorporating video, text, choreography and acting. We explored the relationship between characters with identity problems in a highly mediated, post-modern world.

*Shifting Focus*, October 2003

- A "pure movement" quartet exploring the sliding and shifting of viewer's eye from one dancer to another and from one part of the stage to another.

*Dancing with Myself*, October 2003

- An improvised multi-media solo exploring the intersection between developmental movement patterns and computer software of Max/MSP, SoftVNS and Jitter.

*Breathe thru Time*, November 2002

- A quintet exploring the visual and social relationship of one individual versus a group.

*-ing*, November 2001

- A duet (formerly titled LING), 2001
- A duet exploring the interactions in the relationship of teacher-student, parent-child, care give - patient, etc.

**Cleo Parker Robinson Dance Theatre**, Denver, CO

*I Do! I Do!*, December 2003

- By Tom Jones and Harvey Schmidt
- Dances were choreographed to highlight the abilities of the actors, the plot of the script and the intricacies of the music.

**Mouton Gallery**, Denver, CO

*Take-Out Dance*; 2002

- A solo performance art piece where audience members attempted to capture movement on a painter's canvas by throwing balloons filled with paint

**Chicago Cultural Center**, Chicago IL

*Untitled 101*, restaged; 1999

- A solo paying homage to historical figures in modern dance.  
*Exchanging Shoes*; 1999

- An improvisation for two dancers exchanging shoes. This duet starts from outside the studio and moves into the studio.